



Los Angeles County Recuperative Care Program

The Recuperative Care Program provides post-hospitalization healthcare services to homeless patients transitioning out of an acute care hospital. Patients receive basic medical oversight in a clean, safe environment for an average of 10 days in order to recover from minor physical injuries or illnesses. Patient referrals are submitted by hospital case managers or discharge planners. Patients entering recuperative care have been medically discharged from an acute care hospital and have been deemed appropriate to return to a residential or home environment. Recuperative Care is not designed to address the ongoing chronic medical conditions of the homeless, but rather to provide the basic medical and custodial care necessary to stabilize the patient after hospital discharge, and then connect them to social service and transitional or permanent housing programs.

Admission Criteria

- Homeless and have an acute medical condition with an identifiable end point of care.
- Independent in mobility (walker, wheelchair accepted if able to transfer self).
- Independent in Activities of Daily Living (ADL's) and medication administration.
- Continent of bladder and bowel.
- Medically and psychiatrically stable at discharge.

Additional Admission Information

- Patient will not be admitted solely for the purpose of housing and/or non-medical case management.
- Patient must be given medications in supply to match # of days at recuperative care program.
- Hospital provides patient transportation to IF recuperative care site.
- Hospital coordinates Home Health Services for patient during recuperative care (if applicable).
- Referrals accepted Mon.-Fri., 8:00am-5:00pm.

Who is Not Eligible: Exclusion Criteria

- Patient is not homeless.
- Active substance abuse and not willing to abstain.
- Unstable medically & psychiatrically.
- Non-ambulatory, dependent in ADL's and/or incontinent of bladder and bowel.
- Combative or aggressive behavior.

Recuperative Care Referral Process

A one-page preliminary referral form is emailed or faxed from the hospital to National Health Foundation (NHF). NHF will review the form and contact the hospital for any additional information. NHF will fax the form to Illumination Foundation (IF), who will make the determination within four "business" hours as to whether or not the patient is eligible for recuperative care services at the facility. If the patient is not determined eligible, IF will contact NHF with the reason for denial. NHF will contact the hospital and inform reason patient is denied. If patient is determined eligible, IF will contact NHF. NHF will then inform the hospital and transportation will be arranged for the patient. The hospital will fax the discharge paperwork to NHF and then forward to IF. When the patient arrives at IF, NHF will be informed. NHF will monitor the discharge plan for patient and communicate with the hospital should there be any changes necessary. If no changes, patient is discharged.